# Welcome

Florida-Friendly Landscaping™
FFL 101: Gardening With Purpose!









# Florida-Friendly Landscaping™ FFL 101: Gardening With Purpose!



Session 1: Turfgrass BMPs & Establishment
Dr. Whitney Elmore, Director | Urban Horticulture Agent
UF/IFAS Extension Pasco County



Session 2: Gardening with Purpose
Julia Palaschak, Environmental Specialist
City of Tampa Water Department



Session 3: How to Reclaim Landscape Beds
Jacqlyn Rivas, Water Conservation Program Coordinator
UF/IFAS Extension Hillsborough County



Session 4: Right Plant, Right Place with Natives

Lynn Barber, Florida-Friendly Landscaping™ Agent UF/IFAS Extension Hillsborough County

# Session 1:

# FFL 101: Turfgrass BMPs and Establishment

Dr. Whitney Elmore
UF/IFAS Extension Pasco County Director
Urban Horticulture Agent











# **Objectives**

#### **Turfgrass**

- Right plant, right place
- Right care best management practices
- Sod establishment
- · Establishing healthy soil

#### **Chemical applications**

- Weed control & herbicides
- Insect and disease control & pesticides
- Fertilizers dos and don'ts

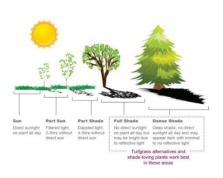


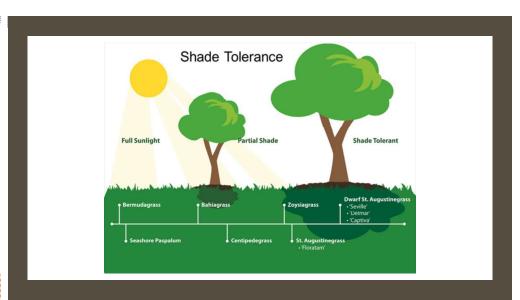
# Right plant, right place

#### **Shade tolerance**

- Bahiagrass 8-10 hours full sun
- St. Augustinegrass 6-8 hours full sun
  - 30% dappled
  - **Fewer inputs**

Functional purpose of the turf Irrigation







# Right care

#### Mowing height

Bahiagrass - 3-4" St. Augustinegrass – 3-4" No more than 1/3 of the blade

#### Irrigation

¾" per application Calibrate system Don't mix heads/zone Overlapping coverage Deep, infrequent

Thatch & clippings

# **Topdressing with compost**



structure

Can improve soil

robust plant root

quality – more



holding capacity –

higher organic

matter





appearance

improve quality and







Application of ½ to biologically active 1/4" of a fine screened fully into root zone composted product

Verticut in one direction Remove debris Late spring-mid summer Rake in compost Water in with ¼" following

Light N fertilization 1 week

# Amendment for healthy soil prior to planting

Sand-based w/low organic matter - residential is compacted

#### Amend soils prior to planting

Soil physical structure Chemical structure Biological structure

#### **Organic amendments**

Compost Increase water and nutrient holding capacity Promotes healthy soil organisms Decomposes over time/release nutrients slowly

#### 3-6 cubicyards/1,000 ft<sup>2</sup>

Tilled into top 6-8"
Well-decomposed & sterile
≤30% C:N or nutrients are tied up

#### **Inorganic amendments**

diatomaceous earth calcined clay perlite

Table 1. Comparison of selected organic soil amendments

Soil Amendment	рН	Approximate C:N ratio	Water - Holding Capacity	Cation Exchange Capacity	<b>Decomposition Rate</b>
Biosolids	Acid to alkaline	10-25	Fair	Good	Rapid to moderate
Composted yard waste	Acid	≤30	Good	Good	Moderate
Manures	Neutral	≤25	Good	Good	Rapid (raw) to moderate (composted)
Peat moss	Acid	15-30	Good	Good	Rapid to moderate
Sawdust <sup>z</sup>	Acid	200-400	Fair	Fair	Slow
Straw <sup>z</sup>	Acid	50-150	Fair	Fair	Slow
Wood chips <sup>z</sup>	Λcid	100-500	Fair	Fair	Slow

<sup>z</sup>Due to a high C:N ratio, these materials are best suited for use as mulches on the soil surface. If incorporated in the soil, additions of N fertilizer will be needed to prevent immobilization of N



#### 30-Day Lawn Establishment Schedule

Day	# of Cycles	Run Time (fixed spray)	Run Time (rotors)	Time of Day
Day 1	3 times/day	6 minutes	18 minutes	Upon Installation
My start date:	Water 3 times on the first day at 6 hour intervals. 1st application occurs immediately following sod installation.			
Days 2 - 10	2 times/day	8 minutes	24 minutes	Before 8 a.m. and after 6 p.m.
My day 10:	Increase run time as indicated Water 2 times per day in the morning and the evening at 12 hour intervals.			
Days 11 - 15	1 time/day	16 minutes	48 minutes	Before 8 a.m. or after 6 p.m.
My day 15:	Increase run time as indicated. Water 1 time per day, in morning or evening.			
Days 16 - 30	1 time/day	20 minutes	60 minutes	Before 8 a.m. or after 6 p.m.
My day 30:	Increase run time as indicated. Water 1 time per day, in morning or evening.			

# WEEDS & WEED CONTROL Grassy, broadleaf, sedges – mostly annuals Fining is critical Pre vs. post-emergence control (not eradication) Pre-emergence for Central Florida is Feb. 15 (4-5 days of 65-70°) Pon't use pre-emergence herbicides 2-4 months before sod/seed Post-emergence – spray when young, don't mow prior Read the fine print – cultivar dependent Bahiagrass – 2, 4-D St. Augustinegrass – atrazine; no good selective herbicides Spot treatments

# **DISEASES**

- Take-all root rot
  - · Preventative fungicides
  - No suppression
- Large patch disease
  - Preventative
  - Suppressive
- Seasonality
- Cultural controls are the key
  - SRN fertilizers
  - · Proper fertilization & irrigation
  - · Proper cultural methods



#### **INSECT PESTS**

- Bahiagrass
  - Mole crickets
    - Spring adults
    - Summer nymphs key to control
- St. Augustinegrass
  - Chinch bug
    - · Preventative and suppressive
- Key control the weeds = control the pests/disease
- · Monitoring procedures
- Insecticides at damage threshold
- Label is the law!



# Fertilizer bmpS

#### **SRN** fertilizers

- Equal parts N to K
- Low to no P required
- Soil test soil pH

#### Not before rain event

• Irrigate with ½"

#### Only during active growing season

• March/April - October

#### Sample Fertilizer Label 16-0-8

 GUARANTEED ANALYSIS

 Total Nitrogen (N)
 16.00°

 4.0% Ammoniacal Nitrogen
 12.0% Urea Nitrogen

 12.0% Urea Nitrogen
 8.00°

 Subule Potasis (V20)
 8.00°

 Subule Potasis (V20)
 4.00°

 US Combined Sulfur (S)
 4.00°

 Torm (Fe)
 2.000°

 0.2% Water Soluble (no (Fe)
 1.00°

ucrate.

\*8.0% slowly available nitrogen from polymer coate urea.

8/16 = 0.5 x 100 = 50% SRN

#### **FERTILIZER DETAILS**

- Bahiagrass 2-4 lbs N/1,000 ft<sup>2</sup> annually
- St. Augustinegrass 2-5 lbs N/1,000 ft<sup>2</sup>
- 0.5-1.0 lb N/1,000 ft<sup>2</sup> max per application
  - 30% SRN up to 1 lb
  - Below 30% SRN up to 0.5 lb
- Calibrate spreader





## What can a garden do?

#### A garden can...

- Feed us
- Save money on groceries
- Provide food and shelter for wildlife
- Improve and sustain our health
- · Bring neighbors together
- Teach us about the natural world
- Teach us patience
- Tell us what season it is
- Fill us with gratification
- Provide retreat for contemplation
- Increase property value



# https://edis.ifas.ufl.edu CROP | Jam. Feb. Mail Apr. May June July Javg. Sept. Oct. Nov. Dev. Hervest 1 Barra, Barria | Java. Java

# Food in the garden

- Snow peas
- Green beans
- Peppers
- Arugula
- Kale
- Collards
- Everglades tomatoes
- Parsley
- Basil
- Blueberries
- Butternut squash
- Roselle
- Okra
- Citrus



April

- Beauty berry
- Milkweed
- · Simpson stopper
- · Cherry laurel
- Pokeweed
- Porterweed
- Pentas
- Corky stem passion vine
- Salvia
- Wild coffee
- Gaillardia
- Fire bush
- Cassia

### Plant, harvest, prepare for the next crop





## The pepper project



Anaheim bell jalapeno yellow sparkle banana poblano



May

# The pepper project







November

February

April

February

















# Pentas, pokeweed, porterweed



# Firebush, corky stem passion vine, salvia



# Cassia, wild coffee, gaillardia





# Challenges

- Lubber grasshopper
- Cuban brown snail
- Root knot nematodes
- Windy spring days
- Effective watering during the dry growing season



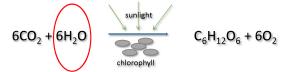
#### Not harmful



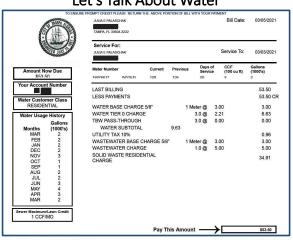




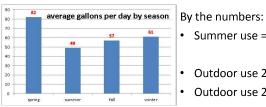
### Photosynthesis requires water



#### Let's Talk About Water



#### Watering with purpose



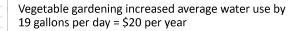
average gallons per day by year

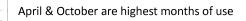
2018

Summer use = indoor use = 49 gallons per day

Outdoor use 2017-2018 = 11 gallons per day

• Outdoor use 2020-2021 = 30 gallons per day





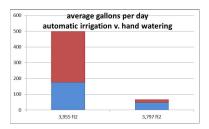
### How big is the garden?



By the numbers:

- Lot =  $10,000 \text{ ft}^2$
- House, apron, porch & decking = 5,000 ft<sup>2</sup>
- Interior gardens = 5,000 ft<sup>2</sup>
- Exterior street garden = 1,000 ft<sup>2</sup>
- Exterior mowed area = 1,000 ft<sup>2</sup>
- 30 gallons per day for 6,000 ft<sup>2</sup> of gardens

# How much water can a garden use?



#### Automatic irrigation

#### Hand watering as needed

- 320 gallons / day
- 30 gallons / day
- 12 gallons / minute
- 1 ½ gallons / minute
- 29.5 gallons / ft2 / year 1.6 gallons / ft2 / year

UF/IFAS seasonal watering for lawn including rainfall: 16.6 gallons / ft² / year

## Would you like help understanding your outdoor water use?

City of Tampa customers:

savewater@tampa.gov

Julia, Justin, Ileana, Ryan, Tonia City of Tampa Water Department Hillsborough County customers:

(813)744-5519

Paula, Jackie and Sonya UF/IFAS Hillsborough Extension

# Goal for Tampa Bay: Save 11 million gallons of water per day by 2030











# Save 5 starting today

- 1. Tampabaywaterwise.org for rebates
- 2. Water landscape by hand, only when needed
- 3. Check for leaks regularly
- 4. Use 1 gallon per minute aerators on bathroom faucets
- 5. Use 1.5 gallon per minute showerheads
- 6. Take 5-minute showers
- 7. Collect rainwater
- 8. Turn the water off!









#### Save Water Save Cash

Julia Palaschak savewater@tampa.gov

# Session 3:

# **How to Reclaim Landscape Beds**

Jacqlyn Rivas, Water Conservation Program Coordinator
UF/IFAS Extension Hillsborough County









# **Preview**

- How to reclaim landscape beds
- Water efficient plant establishment



# **Reclaiming Landscape Beds**

A THOUGHTFUL APPROACH

# **Site Inventory and Analysis**



(Photo Credit: Janet Rivas)

- Evaluate site conditions
- · Identify plants to keep/discard
- Divide perennials if needed
- · Find a certified arborist for
  - Tree removal
  - Tree care

# **Manage Weeds**

- Hand picking
- Solarization
  - Can also kill good soil bacteria
  - Must have enough sun
- Chemical control
  - Follow product label





(Photo Credit: Jacqlyn Rivas)

### PREPARE LANDSCAPE BED



 Test soil/compost pH · Amend soil with compost

Fix grade (level)

(Photo Credit: Jacqlyn Rivas)

# **PLANT SELECTION & DESIGN**



(Photo Credit: Jacqlyn Rivas)

- · Choose the right plant by considering
  - Sun
  - Soil
  - Water
  - Mature height/spread

# **PLANT PLACEMENT**

- · Avoid overcrowding
  - · Decreases air circulation
  - · Increases susceptibility to disease
  - Requires excessive pruning



(Photo Credit: Jacqlyn Rivas)

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- · Decreases air circulation
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(Photo Credit: Jacqlyn Rivas)

# **PLANT PLACEMENT**



(Photo Credit: Jacqlyn Rivas)

- Avoid planting under eaves
  - Plants might not receive adequate rain
  - Prevents plant damage
- Plant shade trees at least 10 feet away from foundation

### **PLANT PLACEMENT**

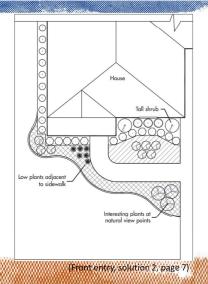


(Photo Credit: Jacqlyn Rivas)

- · Avoid planting under eaves
  - Plants might not receive adequate rain
  - Prevents plant damage
- Plant shade trees at least 10 feet away from foundation
- · shrubs 3 feet away from foundation

# FLORIDA-FRIENDLY LANDSCAPING GUIDE TO PLANT SELECTION & LANDSCAPE DESIGN

- · Plant identification tables
  - Key on page 31
- · Landscape design
  - Challenges
  - · Plant characteristics
  - Design solutions



# **PURCHASING PLANTS**



(Photo Credit: Jacqlyn Rivas)

- · Avoid purchasing plants that are
  - · Diseased/pest-infested
  - Unhealthy
  - Leggy
  - Rootbound
- Check
  - Stems
  - Under leaves
  - Roots



**How to Establish Landscape Plants** 

A WATER-EFFICIENT APPROACH

# **Factors that Effect Establishment Periods**

encourages growth	limits growth	little or no effect		
loose soil	compacted soil	peat or organic matter added to backfill soil		
proper irrigation management	little or no irrigation	root stimulant products		
mulch 8' or more around planting hole	grass and weeds close to trunk	fertilizing at planting		
root flare slightly above soil surface	planting too deep	adding spores of mycorrhizae*		
leaving top of tree intact	pruning at planting	water absorbing gels		
*can enhance growth on seedlings under certain circumstances				

(Source: https://hort.ifas.ufl.edu)

# **Establishing Trees: Watering Frequency**

-			2.3		
Type of Plant	Establishment Period	Watering Schedule <sup>A</sup>	Recommended Amount of Water <sup>B</sup>		
less than 2" 3 to 6 2. E trunk months 3. T		Daily for 2 weeks     Every other day for     months     Then weekly until     established	2 to 3 gallons per inch of trunk diameter		
Trees with 2" to 4" trunk diameter	6 to 12 months	Daily for 1 month     Every other day for     3 months     Then weekly until     established	2 to 3 gallons per inch of trunk diameter		
Trees with over 4" trunk diameter	12 or more months	Daily for 6 weeks     Every other day for     2 months     Then weekly until     established	2 to 3 gallons per inch of trunk diameter		
		-			

(Source: tampabaywater.org)

# **Establishing Shrubs: Watering Frequency**

Type of Plant	Establishment Period	Watering Schedule <sup>A</sup>	Recommended Amount of Water <sup>8</sup>
Shrubs in 1-gallon containers	3 to 6 months	weeks after planting 2. Gradually decrease to every other day, to every third day until established	1 quart
Shrubs in 3-gallon containers	6 to 12 months	Every day for first few weeks after planting     Gradually decrease to every other day, to every third day until established	2 quarts
Shrubs in 7-gallon containers or larger	1 to 2 years	Every day for first few weeks after planting     Gradually decrease to every other day, to every third day until established	1 gallon

(Source: tampabaywater.org)

# **Establishing Plants: Watering Methods**



(Photo Credit: Jacqlyn Rivas)

# High-volume inground irrigation not recommend

- Turf requires different amounts of water
- Stream can damage plants
- Plant interference causes uneven water distribution
- · System can apply too much water
- Water ordinances limit inground irrigation use

# **Establishing Plants: Watering Methods**



(Photo Credit: Gilmour)

#### **Recommended watering methods**

- · Hand watering
- Watering pale
- · Use nozzle with water hose
  - Swivel
  - · Control flow range
  - · Locking mechanism
  - 8 Patterns: mist, shower, fill, rinse, softwash, clean sweep, and jet

# **Establishing Plants: Watering Methods**



(Photo Credit: Jacqlyn Rivas)

#### Recommended watering methods

- · Microirrigation (low flow)
- Not restricted
  - Conserves water
  - Reduces erosion
  - Reduce pest pressure

# **ESTABLISHING PLANTS**

- Establishment period increases if underwatered
- Ensure proper moisture during summer/drought
- · Do not water
  - Between 10 am and 4 pm
  - · If root ball is saturated
  - 24 hours after receiving 1/4-inch of rain
- · Use a rain gauge



(Photo Credit: Jacqlyn Rivas)

#### **ESTABLISHING PLANTS**

#### · Plants are established when

- · They survive/grow without irrigation
- Roots have grown to edge of foliage canopy
- Watering after establishment might be required
  - For drought-sensitive plants
  - · When plants wilt



(Photo Credit: UF/IFAS)





# Florida-Friendly™ Landscaping

- What is it?
  - Integrated approach
  - Less time/\$
  - Wildlife friendly
- Goals
  - Conserve
  - Protect



# Right Plant, Right Place

Florida-Friendly Landscaping PROGRAM W

- 1st and foremost of 9 Florida-Friendly Landscaping<sup>TM</sup> principles
- Focus on water and environmental conservation
- Why?
  - Negative environmental impacts

IFAS Extension

- FL current population 20 million residents
- By 2060, 35 million residents projected
- Water not a renewable resource at the rate being used

# Florida-Friendly™ Landscaping

#### **Nine Principles**

- 1. Right plant, right place
- 2. Water efficiently
- 3. Fertilize appropriately
- 4. Mulch
- 5. Attract wildlife
- 6. Manage yard pests
- 7. Recycle
- 8. Reduce stormwater runoff
- 9. Protect the waterfront



# **Right Plant, Right Place**

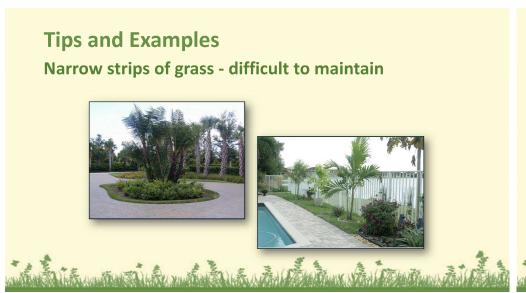
- Plants selected for a specific site will require minimal amounts of water, fertilizer, pesticides and maintenance
- Thorough planning will help you place plants where their needs and yours are met



















# Planning Your Landscape: Keys to Success

- Plan first
  - Analyze your site
  - Determine needs
  - Design considerations
  - Site preparation
- Purchase
- Plant Last
- Florida-Friendly Principles in Practice

# **Key to Success**

## **Proper planning and plant selection**

- Avoids problems later
- Saves energy, money, water, effort, etc.
- Makes the landscape more enjoyable
- Ensures needs are met

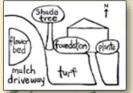


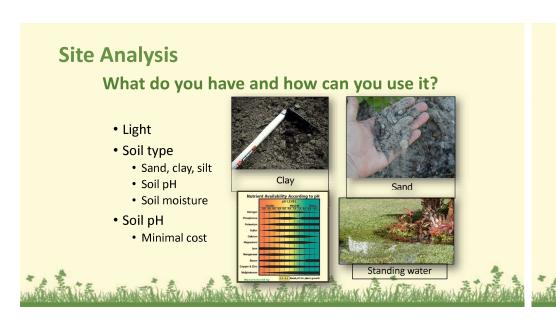
# **Key to Success**

#### Plan First, Plant Once

- This is a process, not a one-time event!
- Know the plants and the conditions required to thrive
- Consult with your UF/IFAS County Extension Office
- View edis.ifas.ufl.edu or UF 'topic'
- Utilize regional gardening books and magazines







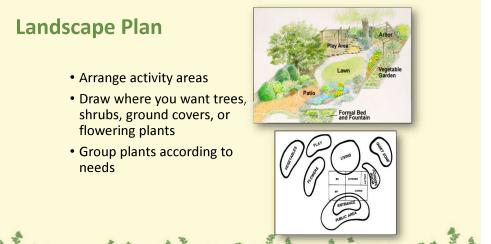












# **Site Preparation**

- Remove unwanted plants and debris
- Fix grade
- Amend the soil







# **Buying Healthy Plants**

- Look for new growth
- Roots should be white and fibrous
- Avoid pot bound plants
- Avoid diseased or insect infested plants





# **Comparing Landscapes**

#### Landscape 1

- Quarter acre
- Entire ¼ acre covered in lawn (10,890 sq. ft.)



#### Landscape 2

- Quarter acre
- 1/16 covered in lawn (2723 sq. ft.)
- Rest of the area is lower-maintenance plants

Landscape 1 has four times the energy costs as Landscape 2! (Parker 1982)

# **Environmentally Friendly Landscaping**





**Your** yard is an integral part of the protection and preservation of Florida's environment











Natives – Groundcovers
Sunshine mimosa Powderpuff *Mimosa*strigillosa, Tampa vervain, Tampa mock vervain
Glandularia tampensis







# Natives – Palms Florida Zamia *Zamia floridana*, Needle palm *Rhapidophyllum*





# **Conclusions**

The decisions we make about our landscapes have a profound impact on water quality.

With a little thought, our landscapes can combine beauty, function, and environmental protection.



# **Show Off Your Landscape!**

Community Water Wise Award Program

Sponsored by Tampa Bay Water &
Florida-Friendly Landscaping<sup>TM</sup> Yard Recognition







# Thank you!

Protect water quality, conserve water and save money Reduce, reuse, recycle and repeat!





Presentation revised by Lynn Barber, FFL Agent
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